

ALL DAY BREAKFAST
available 6:30am - 2pm

**smashed avo | v | available vegan +\$3
single 11 | double 22**
avocado, whipped beetroot feta, dukkah,
lemon & zesty rocket on authentic pumpkin
sourdough.

house-made guilt-free waffles
gf | df | rsf | vg
single 16 | double 26
house-made guilt free waffles, vanilla coyo
ice-cream, pure maple syrup, strawberries &
banana.

eggs benedict 24
2 poached local pasture-raised free-range
eggs, hollandaise sauce & spinach on
authentic sourdough. choose bacon | premium
smoked salmon | leg ham | portobello
mushroom.

classic bacon & eggs 19
bacon, 2 local pasture-raised free-range eggs
& spinach on authentic sourdough. choose
scrambled | poached | fried.

sweetcorn fritters 19 | v
house-made parmesan & sweetcorn fritters,
poached local pasture-raised free-range egg,
avocado salsa, zesty rocket & sweet chilli
crema.

savoury mince 24 | available vegan +\$3
sourdough, house-made savoury mince, 2
poached local pasture-raised free-range eggs
& potato rosti.

bacon & egg burger 15
bacon, local pasture- raised free-range egg,
cheddar cheese, bbq sauce & spinach on a
toasted brioche bun.

peanut butter, honey & banana toast
single 11 | double 22
peanut butter, honey, cinnamon & banana on
authentic sourdough.

raisin toast single 5 | double 9
toasted with butter

create your own meal option also available
| scan the table qr code or ask at the counter.
build your own meal by selecting from all the
premium ingredients on our menu.

BREAKFAST
available 6:30am – 11am

beet breakfast 28
bacon, 2 poached local pasture-raised free-
range eggs, avocado, roasted tomato,
portobello mushroom, rustic potato rosti,
tomato relish & butter on authentic sourdough.

**breakfast burrito 18 | also available vegan
+\$3**
your choice of savoury mince or chorizo with
scrambled local pasture-raised free-range
eggs, avocado, spinach, cheese & tomato
relish.

**mushroom & halloumi 23 | v | also
available vegan +\$3**
halloumi, portobello mushrooms, cherry
tomatoes, zesty rocket, vegan basil pesto,
dukkah & lemon on authentic sourdough.

**chilli sambal scramble 20 | also available
vegan +\$3**
sourdough, local pasture-raised free-range
scrambled eggs, house-made sambal oelek,
smoked ham, parmesan & spring onion.

LUNCH
available 11am - 2pm

house-made beef cheeseburger 17
with potato fries & sauce 21
with sweet potato fries & sauce 22
with fried halloumi sticks & chipotle sauce
24
house-made beef patty, cheddar cheese,
pickles, onion, tomato sauce and mustard on
a toasted brioche bun.

**BLT on vienna 16 | also available vegan
+\$3**
with potato fries & sauce 20
with sweet potato fries & sauce 21
with fried halloumi sticks & chipotle sauce
23
bacon, lettuce, tomato & seeded mustard aioli
on vienna bread

plant-based burger 18 | vg | df
with potato fries & sauce 22
with sweet potato fries & sauce 23
with fried halloumi sticks & chipotle sauce
25
choose either plant-based schnitzel or plant-
based burger patty. comes with lettuce,
tomato, avocado & bbq sauce on a toasted
bun

crispy chicken chipotle burger 18
with potato fries & sauce 22
with sweet potato fries & sauce 23
with fried halloumi sticks & chipotle sauce
25
house-made southern fried chicken,
southwest chipotle mayo, cheddar cheese &
lettuce on a toasted brioche bun. lighter
option: swap crispy chicken for roasted
chicken.

saigon noodle salad 19 | vg | df | gf
vermicelli rice noodles, mint, cucumber, carrot,
red cabbage, chopped iceberg lettuce,
peanuts and thai dressing. choose chicken |
grilled portobello mushroom or cooked salmon
(extra \$10).

caprese bread salad 18 | v
heirloom tomatoes, buffalo mozzarella,
sourdough croutons & fresh basil on a mixed
leaf salad, tossed with a lemon pepper
dressing and balsamic glaze. Add baked
chicken 7 | grilled portobello mushroom 6 |
cooked salmon 10

SHARES & SIDES
available 6:30am – 2pm

sweet potato fries single 8 | double 14
potato fries single 7 | double 13
fries served with your choice of sauce | tomato
sauce | bbq sauce | chipotle mayo | roasted
garlic aioli

fried halloumi sticks
single serve 9 | double serve 17
with southwest chipotle mayo

vegan spring rolls
single serve 6 | double serve 10
with thai dipping sauce

additional options:
poached egg 4 (local pasture-raised free-
range)
bacon 6
chorizo 7
cooked salmon 10
premium smoked salmon + capers 7
portobello mushroom 6
savoury mince 8
baked chicken 7
local leg ham 7
halloumi 5
rustic potato rosti 6
whipped beetroot feta 4
crumbled feta 3
vegan basil pesto 2
roasted tomato 4
tomato relish 2
avocado 4
 Worcestershire sauce 1
sweetcorn fritter 5

RSF - Refined Sugar Free
V - Vegetarian
VG - Vegan
GF - Gluten Free

ACAI & PROTEIN BOWLS

vg | gf | rsf | df | organic pure acai
small size 15 | regular size 17.5

each bowl comes with your choice of the following granola: almond sultana granola (contains honey) | caramelised buckinis **gf, vg** | swiss muesli **vg**

paradise acai bowl

blended base: unsweetened acai, mango & banana. toppings: granola, watermelon, banana, strawberries, coconut yoghurt & passionfruit.

berry acai bowl

blended base: unsweetened acai, strawberries & banana. toppings: granola, strawberries, raspberries, banana, coconut yoghurt & passionfruit.

cookies & cream protein bowl (not gf)

blended base: bio fermented vanilla protein powder, cacao, banana & coconut cream. toppings: granola, banana, strawberries, coconut yoghurt, crushed sugar-free choc bickies & naturally sweetened choc sauce.

caramel crunch protein bowl

blended base: bio fermented vanilla protein powder, cacao, banana & coconut cream. toppings: granola, banana, pure peanut butter, coconut yoghurt, crushed peanuts & naturally sweetened caramel sauce.

mango weiss acai bowl

sml 16 reg 18.5
blended base: unsweetened acai, mango & banana. toppings: granola, strawberries, banana, coyo coconut icecream & passionfruit.

strawberry sundae acai bowl

sml 16 reg 18.5
blended base: unsweetened acai, strawberries & banana. toppings: granola, strawberries, banana, coyo coconut icecream, naturally sweetened choc sauce & crushed peanuts.

add to your bowl | coyo coconut icecream 3 | pure peanut butter 2 | cacao nibs 1 | raspberries 1 | strawberries 1

SMOOTHIES

regular 9 | large 10

breakfast banana, rolled oats, honey, cinnamon & milk of choice

yo berry

strawberries, banana, coconut yoghurt, honey & milk of choice

mango passion

mango, passionfruit, coconut yogurt, honey & milk of choice

SUPER SMOOTHIES

regular 11 | large 12

crunchy nut protein

bio fermented vegan vanilla protein, roasted peanuts, cacao nibs, honey, banana & milk of choice

espresso proteini

bio fermented vegan vanilla protein, espresso, raw cacao, banana, dates & milk of choice

ferrero protein

bio fermented vegan vanilla protein, local hazelnut syrup, cacao, banana & milk of choice

glowing green

spirulina, pineapple, lemon, ginger & coconut water

tropical punch

mango, acai, passionfruit, pineapple & coconut water

smoothie milk options:

misty mountain full cream | misty mountain lactose free milk | misty mountain skim milk | coconut milk | soy milk | almond milk | oat milk

FRESH JUICE

regular 8.6 | large 9.6

total greens

green apple, cucumber, celery, ginger

body booster

orange, carrot, pineapple, turmeric

signature beet

beetroot, green apple, carrot, ginger

tutti frutti

watermelon, green apple, pineapple, orange

MILKSHAKES

small 7.5 | regular 8.5 | large 9.5

vanilla | chocolate | caramel | salted caramel | strawberry |
coffee +\$0.5 | all made with dairy milk and ice-cream
thick shake add 1

COFFEE

small 4.5 | medium 5.5 | large 6.5

cappuccino

latte

flat white

long black

mocha 5.5 | 6.5 | 7.5

piccolo latte 3.5

espresso 3

babycino 3

iced latte

iced long black

cold brew

chai latte

matcha latte

dirty chai 5.5 | 6.5 | 7.5

golden latte

hot chocolate

milk options for coffees:

misty mountain full cream | misty mountain skim milk | misty mountain lactose free .80 | milklab coconut milk .80 | milklab soy milk .80 | milklab almond milk .80 | milklab oat milk .80 | milklab macadamia milk .80

syrups & extras

vanilla 1 | hazelnut 1 | caramel 1 | white chocolate 1 | ice-cream 3 | coconut sugar | extra shot .80

TEA – T2

small 3.5 | medium 4.5 | large 5.5 | dine in pot of tea 5.5

(available iced, just ask)

english breakfast tea

earl grey tea

sencha green tea

lemongrass & ginger tea

just peppermint tea

VIETNAMESE STYLE ICED COFFEE

standard vietnamese iced coffee

sml 6 | reg 7 | lrg 8

coffee, condensed milk & full cream milk

vanilla almond iced coffee *vegan* sml 8.3 |

reg 9.3 | lrg 10.3

coffee & coconut condensed milk with vanilla syrup & almond milk

creamy caramel iced coffee sml 7 | reg 8 |

lrg 9


coffee & condensed milk with caramel syrup & full cream milk

hazel iced coffee sml 7 | reg 8 | lrg 9

coffee & condensed milk with hazelnut syrup & full cream milk

other options:

condensed milk | coconut condensed milk (vegan) 0.50

 **self-serve table water & glasses in drinks fridge | 15% surcharge on PH's**